

Continuous Glucose Monitoring (CGM) and Insulin Pump Criteria

Revised: 05/13/2025

CONTINUOUS GLUCOSE MONITORING (CGM) AND INSULIN PUMP CRITERIA

Length of Authorization: CGM Initial – 6 months
CGM Renewal – 1 year (unless otherwise indicated)
Insulin Pump Initial and Renewal – 1 year

CRITERIA TO APPROVE – CONTINUOUS GLUCOSE MONITORING (CGM)

Provider must submit chart notes as supporting documentation for the below criteria:

- Patient has **one** of the following diagnoses:
 - Type 1 diabetes mellitus; **OR**
 - Gestational diabetes; **OR**
 - Type 2 diabetes with **one** of the following:
 - Any type of insulin dependency; **OR**
 - Non-insulin treated diabetes who have recurrent moderate (level 2) or have had at least **one** severe (level 3) hypoglycemic event.
- Must be prescribed by one of the following qualified healthcare providers:
 - Primary care provider (e.g., a physician, physician assistant or advanced practice registered nurse); **OR**
 - Obstetrician; **OR**
 - Endocrinologist

CONTINUATION OF THERAPY – CONTINUOUS GLUCOSE MONITORING (CGM)

- The patient met initial review requirements; **AND**
- Chart notes documenting clinical response to therapy has been submitted (supporting documentation of CGM data and A1C is required); **AND**
- The patient has not experienced any treatment-restricting adverse effects.
- The list of preferred diabetic supplies can be found at <https://southcarolina.fhsc.com/providers/pdl.asp>

CRITERIA TO APPROVE – INSULIN PUMP

- Type 1 Diabetes Mellitus **and** patient age ≥ 2 years of age; **OR**
- If the request is for Omnipod 5:
 - Type 2 Diabetes Mellitus
 - Patient age is ≥ 18 years of age

CONTINUATION OF THERAPY – INSULIN PUMP

The patient has not experienced any treatment-restricting adverse events.

REVISION HISTORY

Date	Issues/Updates
05/13/2025	<ul style="list-style-type: none">Added new indication for type 2 diabetes for Omnipod 5
12/06/2024	<ul style="list-style-type: none">Added Insulin Pump to criteriaRevision/clarification of continuation: chart notes/documentation A1c and CGM data
07/09/2024	<ul style="list-style-type: none">Expanded CGM criteria
06/26/2024	<ul style="list-style-type: none">Initial draft creation