

Anti-Narcolepsy and Related Criteria

Revised: 01/01/2026

MODAFINIL AND ARMODAFINIL

Length of Authorization: Initial – 6 months
Renewal – 1 year

CHILDREN

- Patient is at least 17 years of age; **AND**
- The request is prescribed by, or in consultation with a sleep specialist; **AND**
- Patient has a documented diagnosis of ONE of the following confirmed by a polysomnography/actigraphy:
 - Narcolepsy; **OR**
 - Excessive daytime sleepiness associated with shift work disorder (SWD) with documentation of patients’ work schedule verifying shift work; **AND**
 - symptoms have been present for 3 or more months, **OR**
 - Excessive sleepiness associated with obstructive sleep apnea (OSA); **AND**
 - the patient has been receiving treatment for the underlying airway obstruction with positive airway pressure (CPAP) or bilevel positive airway pressure (BIPAP); **AND**
 - the patient will continue to use CPAP or BIPAP after initiating the drug

ADULT

- Patient is at least 18 years of age; **AND**
- The request is prescribed by, or in consultation with a sleep specialist; **AND**
- Patient has a documented diagnosis of ONE of the following confirmed by a polysomnography/actigraphy:
 - Narcolepsy; **OR**
 - Excessive daytime sleepiness associated with shift work disorder (SWD) with documentation of patients’ work schedule verifying shift work; **AND**
 - symptoms have been present for 3 or more months, **OR**
 - Excessive sleepiness associated with obstructive sleep apnea (OSA); **AND**
 - the patient has been receiving treatment for the underlying airway obstruction with positive airway pressure [CPAP] or bilevel positive airway pressure [BIPAP]; **AND**
 - the patient will continue to use CPAP or BIPAP after initiating the drug

RENEWAL – ACUTE THERAPY

- Patient meets initial criteria (including- if SWD patient is still a shift worker; for OSA patient is compliant using CPAP/BIPAP); **AND**

- Patient has an overall clinical improvement in response to therapy documenting a reduction in excessive daytime sleepiness from baseline (supporting documentation is **required**); **AND**
- Patient has not experienced any treatment-restricting adverse events.

REVISION HISTORY

Date	Issues/Updates
01/01/2026	<ul style="list-style-type: none">Initial draft creation